# LIVING ENGLISH LESSONS

## Clothing, Style, and Hygiene

- blouse
- shirt
- pants
- jeans
- sweater
- jacket
- shorts
- skirt
- dress
- underwear
- shoes
- perfume
- cologne
- detergent
- bath
- shower
- shampoo
- conditioner
- soap
- body wash
- hairbrush
- comb
- deodorant
- razor
- toothbrush
- toothpaste
- floss
- mouthwash
Choose a question to ask the class.  
**Share your answer and then listen to your classmates’ answers.**

<table>
<thead>
<tr>
<th>Name three things that you do each day to take care of yourself.</th>
<th>What do you do first when you get up?</th>
<th>Do you use perfumes, colognes, lotions, or deodorant?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Which routines do you do at night and in the morning?</td>
<td>How many times do you brush your teeth each day?</td>
<td>Do you floss?</td>
</tr>
<tr>
<td>Do you pay for haircuts or do you cut your own hair?</td>
<td>Do you choose your clothes the night before or the morning of?</td>
<td>Do you wear different clothes every day?</td>
</tr>
<tr>
<td>What do you do when clothes don’t fit anymore?</td>
<td>What’s your favorite clothing or accessory item?</td>
<td>What is the most important thing you can do to take care of yourself?</td>
</tr>
</tbody>
</table>

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**OWNING YOUR STYLE**

To talk about something that you own or possess, you must use a possessive adjective. The possessive adjective changes depending on who owns the object.

Teresa brought **her** umbrella to class. I left **my** umbrella at home. John brought **his** too.

*First, talk about the items of clothing you are wearing. Is anything the same as your classmates? Then use the clothing items in your activity kit, choose a couple of items to dress each doll. Describe your style choices below.*

<table>
<thead>
<tr>
<th>My style today:</th>
<th>Class style similarities:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girl Doll:</td>
<td>Boy Doll:</td>
</tr>
</tbody>
</table>

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**Personal Pronouns**

<table>
<thead>
<tr>
<th>Subject</th>
<th>Possessive Adjectives</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>My</td>
</tr>
<tr>
<td>You</td>
<td>Your</td>
</tr>
<tr>
<td>He</td>
<td>His</td>
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<tr>
<td>She</td>
<td>Her</td>
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<tr>
<td>It</td>
<td>Its</td>
</tr>
<tr>
<td>We</td>
<td>Our</td>
</tr>
<tr>
<td>They</td>
<td>Their</td>
</tr>
</tbody>
</table>
People have different hygiene habits. *Read the story and answer the questions. Then, discuss with your classmates which, according to you, is the better hygiene routine someone should follow.*

Maria loves mornings. She washes her face every morning as soon as she gets up. She brushes her teeth, flosses, and uses mouthwash. She loves the sense of a clean and fresh feeling in the morning. Maria believes in keeping up good hygiene. When she was young, her dad taught her that taking care of herself would help her stay confident about each new day. So now, she does this routine every morning to get her day off to a healthy jump start.

Laura is not a morning person. She drags herself out of bed every morning. The first thing that Laura does is to pour herself a cup of coffee while she cooks breakfast. Laura then eats her breakfast really slowly. Once Laura is finished with breakfast she then brushes her teeth quickly. She does not like flossing and definitely does not like the taste of mouthwash. She thinks it tastes like medicine and hurts her teeth. Laura believes that as long as she brushes her teeth really well that she will be fine. She doesn’t care what other people say about her breath.

What do you think about Maria’s morning routine?

What do you think about Laura’s morning routine?

Which routine do you think is the best one to follow?

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*CHOOSE YOUR STYLE*

*Select fashion pictures that have a style of clothing you like. Describe the pictures to the class, but don’t show the pictures until after you talk about the description. See if your description matched what they were thinking.*

Describe what your model is wearing.
Think about color, design, fabric, size, and accessories.

I like this style because ...
Think about a jewelry item, an accessory, or a piece of clothing that is dear to your heart. Something that has a special meaning. Answer the following questions.

What is the item you chose? ______________________________________________________

Why is it so important? ______________________________________________________

What does it mean to you? ______________________________________________________

How do you take care of it? ______________________________________________________

NOTES

____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

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